Negativity in the Workplace

It's draining, distracting, and annoying. Negativity has a way of creating a darkness around the workplace. Now you can shine some light on the problem and Build A Better Life in your workplace.

It’s always that one person in the office. No matter what you say, how you say or what is said – he or she responds in a negative manner. It’s tiring, infuriating, and stressful. It makes us avoid that person and creates more work for us in order to avoid that person in the workplace or in your social life.

We depend heavily on each other behaving respectfully in the workplace. Being at work brings you into contact with the words and actions of others – even if only by email or memo. And here’s the hard truth: The way that people engage in the workplace – the words and actions they use with you, with each other — has a huge impact on how you feel about work, the workplace, and maybe your life.

About the Webinar

This live 60-minute session equips you with a strategy to handle negativity in whatever form it takes in your workplace. First, we describe the extent of the damage that negativity can have in the workplace. Then you’ll learn how to decide if the negative behavior should be addressed. Finally, we help you avoid escalation by deploying a direct and engaging response to negativity.

Our Problem Solver Series focus on Negativity is a practical webinar that provides individuals with real, practical, and effective ways to deal with negativity. Our webinar provides tools and tips that you can immediately implement in your workplace and personal life in order to help address and reduce the stress resulting from dealing with negativity.

Accreditations

This ProActive ReSolutions webinar is recognized through the following accreditations and qualifies for continuing education or career development reimbursement:

FACT

95% of the US workforce report experiences of incivility from co-workers.*

* The Cost of Bad Behavior, Christine Pearson and Christine Porath.
About ProActive ReSolutions

As pioneers and leaders in Building Respectful Workplaces, ProActive ReSolutions has been providing consulting and training solutions to global clients across multiple verticals since 2000.

ProActive Resolutions’ consulting and training solutions are structured around standardized, evidence-based research. It is this core foundation that allows us to develop and customize consulting and training solutions to meet the needs of our global clients irrespective of their vertical and nationality.

Our integrated solutions philosophy allows us to develop and customize our consulting and training solutions around 3 key strategies of:

- **PREVENTING** disrespectful workplace behaviours,
- **REPAIRING** relationships damaged by workplace conflict and
- **PROTECTING** those at risk from violent behaviour.

60K+ People Trained Globally and Counting.

Our Industry Thought Leaders

**John M. McDonald** is our Chief Executive Officer of ProActive ReSolutions. He has worked in the field for 25 years and is a respected thought leader in workplace conflict transformation and the author of the book “Transforming Conflict”, regarded as an essential text for anyone interested in understanding and managing workplace conflict.

**Richard D. Hart, LLB, C.Arb.** Richard is our Vice President of Global Business Development. He has over 20 years experience in the field and presents internationally on conflict management and dispute resolution topics.

Contact ProActive ReSolutions

Contact us today to learn more about our standardized and customized consulting and training services.

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